

Cognitive Enhancement Therapy

CET uses a variety of neuropsychological and social cognitive treatments to improve cognitive and social functioning of persons with schizophrenia and other cognitive disabilities.

Who Should Consider CET?

- Individuals recovering from schizophrenia or have major cognitive disabilities
- Individuals who are stable but who lack social awareness
- Individuals seeking intellectual challenge
- Individuals who are vocationally disabled or underemployed



“I learned to be more responsible to myself, and more responsive to others. I really feel more connected to others now.” Tasha, CET Graduate



How Does CET Work?

- Once-a-week psycho-ed groups over 48 weeks with a curriculum that focuses on social awareness and social cognition
- Individual therapy to apply learning
- Specialized computer software exercises to improve attention concentration, memory and problem solving
- Intellectually challenging cognitive exercises

What Can You Expect?

- Improved problem solving & vocational readiness
- Improvements in processing speed
- Attendance rate of 90%, Completion rate of 88%
- Improved cognition and social awareness
- Learn how to successfully handle new challenges
- Medicaid eligible
- Keep your current case manager while in CET
- **Next CET Groups starting July 14, 2010 at Recovery Resources 2900 Detroit Ave.**

“I like coming to CET because they treat me like I have a brain”

To make a referral for CET, call Sharon Shumaker at 216-504-6418 or Wendy Maayan at 216-378-2794 Or Email: sshumaker@cetcleveland.org

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The Center for Cognition and Recovery is a joint venture of JFSA of Cleveland and PLAN of NE Ohio